

THE SUPERNATURAL SERIES

BOOK  
TWO

# ALIENS AND THE UNEXPLAINED

Bizarre, strange and  
mysterious phenomena  
of our galaxy

Rose Inserra

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*THE*  
**UNEXPLAINED**



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# Introduction



*Are we alone on this vast planetary playground? Or are there other players out there?*

**I**t's impossible for us to imagine the immensity of our galaxy, the Milky Way, which measures up to 120,000 light years across space and contains about 400 billion stars. It's said that about half of these stars include at least one planet within their orbit. Thousands of these planets must surely host ideal conditions to support life – civilisations other than our own.

But we are still learning about our own galaxy. Recent discoveries in astronomy and quantum physics have made us sit up and pay attention. In a groundbreaking discovery, NASA has confirmed evidence that liquid water flows intermittently on Mars. This has been a surprise to us, since we have always thought of Mars as arid and not being able to support life.

What's more, a new, ninth planet, has been discovered! A celestial body nearly the size of Neptune lurks beyond Pluto. It is yet to be seen by the human eye, as it orbits the sun once in every 15,000 years.

By far what's excited the scientific community the most is the fact that scientists have finally witnessed the warping of space-time that is generated by the collision of two black holes more than a billion light years from Earth. This is known as Einstein's 'gravitational waves'. As a result of this discovery, we will get a better understanding of how life on Earth first began and even the beginnings of the universe itself.

How far we've come! But there is the question of whether we can ever find out if we are alone. Is there intelligent alien life in the galaxy and beyond, and, if so, what are the chances that aliens have visited Earth? It seems our ancestors witnessed visits from 'the gods', who came down in 'chariots of fire', and 'angels'.

How do we reconcile the inexplicable rise and fall of major civilisations and their superior knowledge? Was it alien-guided?

Forensic investigations have also made huge progress – and not a minute too soon. With new archaeological sites being discovered and strange skulls with non-identifiable human DNA strands, it's going to be a wild ride as we track down our ancestry with more determination than ever before.

When you think of aliens, most people think of Roswell and the flying saucer crash. Many UFOlogists claim that Area 51, a US Air Force facility in Nevada, holds the

remains of the alleged crash in 1947, including alien bodies, and has been covered up by the US government.

Recently, in an interview reported in January 2016, Hillary Clinton promised to disclose everything about the Roswell and UFO incident if she gets to the White House.

Many UFO sightings have been splashed across newspapers and witnessed by crowds in major cities. But somehow the official response from government agencies has been to discredit the people, play it down and make it go away. Only now, with social media and superior video cams and binoculars, apps and other high-tech support, it has never been easier to film, upload and share those strange lights in the sky.

Whether one is a believer in UFOs or not, there simply cannot be so many weather balloons, planes or satellites in the sky as are being reported.

Back to the age-old question – *Are we alone?*

It seems we have never been closer to finding out.



## Part One

# Our Planet, Our Galaxy



‘If we want to set out on the arduous search for the truth, we must all summon up the courage to leave the lines along which we have thought until now and as the first step begin to doubt everything that we previously accepted as correct and true. Can we still afford to close our eyes and stop up our ears because new ideas are supposed to be heretical and absurd?’

*Erich von Däniken, Chariots of The Gods*

**I**f ancient aliens did indeed visit Earth in prehistoric times they would have been regarded as ‘gods’ just as we would be considered god-like creatures if we were to go back in time with our modern aircraft. Our aeroplanes in their eyes would probably look like giant metal birds, spitting fire and making the earth shake. What power we would have. We couldn’t possibly be human – we would have to be gods. Gods from the heavens. If this scenario was

playing in a remote tribe in the highlands of New Guinea or the Amazon today, this may still be the reaction. Try to explain lasers and space suits, rovers and drones, let alone the spacecraft itself.

Theorists of ancient alien life believe that something like this did happen to our ancestors, and they passed down their observations the best way they knew how: stories and pictures.

Petroglyphs found on cave and mountain walls tell us the same visual story: strange beings or 'gods' had visited primitive man.



### **The Great Martian God**

In the Sahara desert, a strange figure painted on the wall of a cave, identified as the 'Great Martian God', is located in the Tassili mountains in North Africa. It is dated around 6000 BCE.



### **The Australian Aboriginal rock art of the Wandjinas**

This is one of the most intriguing examples of Aboriginal cave art dating back 60,000 years. It is found in the Kimberley region, Australia. It features the representation of the legend of the Wandjinas, the supreme spirit beings and creators of land and sea and Earth's inhabitants. They were known as 'sky beings' or 'spirits from the clouds', who came down from the Milky Way. The most striking features are the white faces, the absence of a mouth, large black eyes, and a head surrounded by a halo or some type of helmet. Did extra-terrestrial beings come into direct contact with a remote primitive tribe tens of thousands of years ago? What else could these beings be?

## The Strange Space Traveller

A strange suited figure found in Kiev dates back to 4000 BCE. A helmet, a necessity for human space explorers, would come in handy for an alien space traveller.

## Were the Gods Extra-terrestrials?

The Mayan *Popol Vuh*, also known as the Council Book, contains the myths and genealogy of rulers of the Quiche kingdom of Guatemala. Alien life existed in South America during the early 15th century.

‘Men came from the stars, knowing everything, and they examined the four corners of the sky and the Earth’s round surface.’

The Mayan *Chilam Balam* texts of Mexico also state:

‘Beings descended from the sky in flying vessels ... white men in flying rings, who can touch the sky.’

Could extra-terrestrials with superior knowledge of science and engineering have landed on Earth thousands

of years ago or more, sharing their knowledge with early civilisations? Is this how the Mayans of Mexico, the Sumerians of Mesopotamia (now Southern Iraq) and the Egyptians, especially, got their advanced knowledge in astronomy, mathematics and science?

Ancient astronaut theorist and author of *Chariots of the Gods*, Erich von Däniken claimed that advanced knowledge, technologies and religions of our ancient civilisations were given to them by space travellers, who were considered gods by our early ancestors.

Ancient artworks throughout the world depict what appear to be astronauts, spaceships, winged creatures with machines that came from 'heaven', extra-terrestrials that looked like men or were hybrids, and complex technologies.

## Why Did Aliens Come Here?

Have you ever wondered how technologically advanced some ancient civilisations were for their time? From the main advanced civilisations there is a resounding yes. Ancient Sumerian tablets describe an alien race known as the *Anunnaki*, who came to Earth to mine for gold. Egyptian hieroglyphs depict hybrid creatures that were part man, part animal. Was it a form of genetic engineering in which hybrids were created from humans and aliens? Mysterious crop circles, and landing tracks

and unexplained pyramid landing pads are only some clues that there are continuous visits from alien life from these locations.

Strange evidence in many ancient cultures suggests that aliens came to Earth to explore, excavate raw materials such as gold, experiment on human beings, and simply to conquer. Creation stories also support the alien god theory.

The ancient Sumerian civilisation was flourishing about 4500 BCE and existed in what was once Mesopotamia (modern day Iraq). Their sophistication seemed to come out of nowhere. They were highly advanced technologically, capable of exceptional metallurgy, smelting, refining and alloying as well as petroleum fuel refining. How did this happen?

Sumeria was one of the first civilisations that recorded the creation of man in a sophisticated form by writing on clay tablets. In their belief system, God was an alien being and the human race was seeded by space travellers. These space travellers were described as gods and angels, fiery chariots and other inexplicable phenomena. They were known as the *Anunnaki* or 'those who from heaven to earth came'.

As a result of the intervention of the Anunnaki, humans developed and advanced as a race. In modern-day terms, the Anunnaki performed genetic engineering to create the human race.

That gives us one explanation why their civilisation was so far advanced – that is, alien races wanted to use our DNA in some way and this was initially the sole purpose of their visitation.

Early versions of hybrid races may not have been as successful as initially hoped for. Imagine human hybrids – the result of supernatural beings (Anunnaki), who interbred with human women who roamed the Earth before the Great Flood in The Bible (Noah's flood). In The Bible these hybrids are known as the *Nephilim*. Some of the mutations or offspring resulted in giants such as Goliath and Cyclops in the Greek myths – giants who walked the Earth and helped humans create great monuments with their enormous strength. Think impossibly created Egyptian pyramids, the amazing Sphinx, the majestic Easter Island statues and other huge structures that defy logic as to how they were created given the basic tools and knowledge of the time.

Were humans given a helping hand in achieving great feats that advanced our civilisation?

### **Darwin's Theory of Evolution**

If there was no alien interference, how were humans created?

It is commonly believed that humans evolved from ape ancestors 600,000 years ago. That means that ancient primates were the first humans. What makes

this theory complex and debatable is just 'how' this process of evolution take place. That is, a long-term process that results in better-adapted individuals, who reproduce more successfully.

You may know this theory by another name – 'survival of the fittest'. What does this mean exactly? Favourable mutations allow organisms to survive in extreme conditions and to pass this new advantage on to the next generation. It is disputed that hominids (great apes) evolved into homo sapiens naturally – it is, rather, suggested that this change was a unique feature and that no other animal had made such a quantum leap.

But not all agree with Darwin. Other scientists argue that evolution is not based on random selection criteria and that all changes have a creative intelligence behind them.

How did modern human cognitive abilities come about so quickly? It was only 50,000 years ago that the genes of ancient humans went through a big change in brain development. This phenomenon was called 'the big brain event'. Was it genetic manipulation? Some theorists claim that it was alien interference and that they integrated alien DNA into the genome of the most advanced life form at the time, in this case the hominid. This resulted in reasonably fast brain development with each subsequent generation.

In all Sumerian texts it is clear that it took more than one experiment to create the right human. There were various versions of hominids until we had homo sapiens with a unique feature other than superior intelligence – the gift of language. Did extra-terrestrials insert this special gene in us? And, if so, was it to advance our level of communication with each other and with the alien species?

If humans received a jump-start from aliens, it would explain how we developed in a relatively short period of time and would resolve the ‘missing link’ theory.

## **The Garden of Eden: A lab for creating humans**

Let's revisit Sumeria and The Bible. Could genetic experimentation have taken place in the Garden of Eden (in Sumerian, Eden means ‘flat terrain’), also known as ‘the garden of the gods’? Is this the place where Adam and Eve were the first working models that were used to procreate the rest of humanity? Was this place real?

Translations tell us that it was a walled garden with a perfect environment. In other words, it may have been a biosphere, as we know it today. Oddly enough, the Eden Project in Cornwall contains the world's largest geodesic domes that have two distinct biospheres – the humid

tropical biome and the warm temperate biome, featuring plant species from all over the world.

In The Bible, four specific rivers surrounding the Garden of Eden are mentioned, and researchers believe that the location of the Garden of Eden is the Persian Gulf. Keep in mind that when the ice caps melted, the Indian Ocean flooded the land and flooded the Gulf. It seems to match ancient stories that the Garden of Eden was indeed destroyed in the Great Flood.

Some speculate that the tree of knowledge was really the DNA sequencing in our bodies, engineered by aliens, and if we had the knowledge of how to do this ourselves, we too would be 'like the gods'. Apparently there was disagreement among the alien gods about passing this knowledge on to humans.

### **Man-god is not always a perfect combination**

Erich von Däniken writes about many examples of the mixing of gods and human races:

*'The Incas held that they were the descendants of the "sons of the Sun".*

*From India comes the Mahabharata and other ancient Sanskrit texts, which tell of gods begetting*

*children with women of Earth, and how these children inherited the supernatural skills and learning of their fathers.*

*An early Persian myth tells that before the coming of Zoroaster, demons had corrupted the Earth, and allied themselves with women.*

*In the Sumerian Epic of Gilgamesh the “watchers” from outer space came to planet Earth, and produced giants.’*

The interbreeding between gods and humans came to an end with the Great Flood.



*Sumerian tablet depicting Enki in the creation myth*

## **Nibiru and Planet X**

The Sumerians recorded that their ‘gods’ came from the planet Nibiru – ‘Planet of the Crossing’ possibly from

our own solar system. This planet was also known as the 12th planet. Later, the Assyrians and Babylonians called it 'Marduk' (after a supreme Babylonian god). Nibiru was represented by a winged disc – a common image of the sun and of a sun god.

There has not been evidence to prove that Nibiru, the 12th planet is a possibility. Astronomers have only recently discovered a 9th planet, known as 'Planet X'. This new celestial body is nearly the size of Neptune, but is not yet visible as it lurks beyond Pluto and orbits the sun every 15,000 years.

Planet X is not Nibiru (the 12th planet) but the fact that it is a recent discovery could mean that there may be a 12th planet yet to be discovered. Could the ancient Sumerians have been right all along?

Our problem with understanding the ancients is that their stories were told as myths. They used images and pictographs to depict their gods – such as the Sun god – as beings and not celestial bodies to explain our solar system. We have yet to discover what is truth and what is fiction. The point is, how did a civilisation gain advanced knowledge of astronomy, describing planets in the solar system such as Uranus and Neptune that were only discovered by science in recent history?

## Enoch and the Hybrids

Ever wondered why Noah's Ark and the Great Flood happened? We need to look at his great-grandfather, Enoch, to find out.

Enoch was the seventh patriarch from Adam: his son was Methuselah, his grandson was Lamech, and his great-grandson was none other than Noah.

Enoch is the first human ever to be taken to 'heaven'- Genesis 5:24. Could Enoch have been communicating with extra-terrestrials, and possibly taken away for good to another planet?

According to the Book of the Watchers (1 Enoch 1-36), some of their group of angels were sent to Earth to watch the humans, but 200 of them had sexual contact with humans and created the Nephilim. These Watchers are known as the 'fallen angels'.

The giants that resulted from this union were savages who destroyed lives and even resorted to cannibalism. There was no other way but for the 'gods' to destroy the Earth to finally get rid of the genetic mutation gone wrong. Simple solution – the Nephilim had to go.

And so we have the story of Noah and the Great Flood – the catastrophic flood that destroys the Earth, except for Noah and his ark with his family and all of Earth's creatures (or perhaps it was just their DNA). Researchers are looking at evidence of a disruption in the solar system around this

time. Was the Earth's orbit disrupted by some collision causing great floods?

Whatever caused the Great Flood, it did not kill off the giants. Some theorise that Noah had 'good' alien DNA and passed it on to his descendants. Others say that his son's wife had Nephilim genes or the mutated DNA. The giants are mentioned later in The Bible in Joshua's Canaan battle. Could they still be roaming the Earth today?

## **How were the Hybrids identified?**

The best evidence we have today of giants and other potential alien-human hybrid species are bone remains – giant skeletons and skulls in America claimed to have been found in the last few hundred years. In 1833, at Lompock Rancho in California, soldiers digging a powder magazine pit found the skeleton of a 3.6-metre giant. Not only was he huge, but he had remarkable double rows of front teeth and was buried with numerous stone axes, carved shells, and porphyry blocks (rocks containing large crystals) with mysterious symbols. The skeleton and artefacts were reburied and the location was lost over time.

There were many other giant skeleton discoveries in the early 1900s in Nevada and Pennsylvania. Today the giant skull of Lovelock Cave found in Nevada in 1911 still exists and is preserved.

Were these the same race as the Nephilim or the giants of The Bible?

While we are on the subject of skulls, we only have to look to ancient Egypt to see the beginnings of alien culture. The skulls depicted on hieroglyphs were even stranger than the giant skulls.

### **Pharaoh Akhenaten – the cone-head king**

Pharaoh Amenhotep IV, more commonly known as the heretical Pharaoh Akhenaten, was Egypt's rebel pharaoh, and because of his position he had the power to make changes. This is exactly what he did. He changed the faith from Amun-Ra to the one 'true' god of Aten (the Sun disc), and in this one swift move created the first monotheistic religion (one god). He went further and changed his name to Akhenaten, which means 'the glory of Aten'.

But luck ran out for Pharaoh Akhenaten. Those who believed in the old religion were not prepared to convert to the 'one god' belief and, eventually, Akhenaten's son, Tutankhamen, restored the old system. Akhenaten married Nefertiti, an Egyptian woman whose parentage is unknown, her name not listed prior to her marriage. This is in itself mysterious, but stranger still is that both Nefertiti and Akhenaten are always portrayed with strange, elongated skulls, which gives rise to a theory that they have alien origins. This distinguishing feature supports the theory that the royal couple may have been of alien origin and therefore hybrids.

Other factors, such as their children also having elongated skulls, their willingness to practise to single-god worship, their disappearance from historical records and missing bodies all contribute to these theories. It's also very odd that all physical traces of them have disappeared, and nothing is known about their death. Akhenaten is the only Pharaoh of the 18th dynasty whose mummy has not been found, and after their deaths and disappearances – Nefertiti earlier than Akhenaten – they were never mentioned again in any historical records. Their tombs were discovered in the 1890s, but they were empty. It was as if the tombs were never used.

All of this evidence has led many to assume that Akhenaten and Nefertiti weren't ordinary people, maybe not even ordinary humans. Some believe that Akhenaten may have been the last Pharaoh entrusted with sacred (and alien) knowledge of stargates and anti-gravity technologies.

If that's the case, where did that knowledge go? Is it hidden somewhere beneath the sands of Egypt with his body and that of his wife? Were their bodies and the information taken away by the very beings who gave it to them? I guess we'll have to wait for the next great archaeological discovery to find out.



## The Lost Continents

Is it mere legend or have entire continents and civilisations sunk beneath the waves ages ago – from biblical tales of Noah’s Great Flood to Plato’s discourse on Atlantis and Churchward’s theory of Lemuria? Science does not support these stories, not because they are not possible but because they don’t fit into the accepted timeline of when civilisations first began.

Many coastal cities were destroyed by rising waters at the end of the ice age. Survivors of the floods would have moved to higher ground or migrated somewhere else altogether. But is it just coastal cities that sank or perhaps whole continents?

## Atlantis

Before the Sumerians there were two legendary worlds of advanced civilisations – Lemuria (Mu) and Atlantis. Both of these continents were examples of an idyllic society: they had advanced technological knowledge for the time and enjoyed riches beyond that of any other civilisation that followed. But both continents had a tragic fate: both were destroyed and sank to the depths of the ocean due to a cataclysmic natural disaster.

But what of their remains? These lands were considered mythical realms where alien intervention helped to create a fairytale paradise. But as our technology becomes more sophisticated, it has allowed us to venture to the depths of the ocean and discover the mysteries of the lost lands.

The legend of the lost island of Atlantis has captured our imaginations since the time of Plato, the ancient Greek philosopher, who wrote an account of an island that had an advanced technological civilisation and existed around 9600 BCE. Plato wrote about Atlantis over 2300 years ago in his literary works, the *Timaeus* and *Critias*.

The entire island was said to have disappeared into the Atlantic Ocean in ‘a single day and night’ of earthquakes and floods. But could it be explained as a series of natural disasters with floods and tidal waves caused by earthquakes from a volcano on the island? Or perhaps an asteroid strike? If so, no trace of this level of catastrophe has been found.

It is said that alien ships colonised the continent of Atlantis and interbred with humans. The question is, why was it destroyed?

There are more questions than answers when it comes to Atlantis. Did aliens become alarmed that alien–human hybrids were out of control – given that they began to wage war against neighbouring countries with their advanced weaponry and huge naval forces? Was the allegiance to their mother planet weakened and a decision was made to evacuate the colony and destroy all traces of alien presence on Earth? Were nuclear weapons responsible for its destruction, given that no traces of Atlantis have been found? Was the lost continent of Atlantis vaporised in a nuclear attack by aliens who wanted to destroy all evidence of their landing on Earth?

### Summary of Plato's writings

This is a summary of the story told by Plato around 360 BCE in his dialogues *Timaeus* and *Critias*. These writings of Plato are the only known references to Atlantis:

*'Over 11,000 years ago there existed an island nation located in the middle of the Atlantic Ocean populated by a noble and powerful race.'*

*Atlantis was the domain of Poseidon, god of the sea.*

*When Poseidon fell in love with a mortal woman, Cleito, he created a dwelling at the top of a hill near the middle of the island and surrounded the dwelling with rings of water and land to protect her.*

*Cleito gave birth to five sets of twin boys who became the first rulers of Atlantis.*

*The island was divided among the brothers with the eldest, Atlas, first King of Atlantis, being given control over the central hill and surrounding areas.*

*To facilitate travel and trade, a water canal was cut through the rings of land and water and ran south for 5.5 miles (9 kilometres) to the sea.*

*For generations the Atlanteans lived simple, virtuous lives. But slowly they began to change. Greed and power began to corrupt them. When Zeus saw the immorality of the Atlanteans he gathered the other gods to determine a suitable punishment.*

*Soon, in one violent surge, it was gone. The island of Atlantis, its people, and its memory were swallowed by the sea.'*